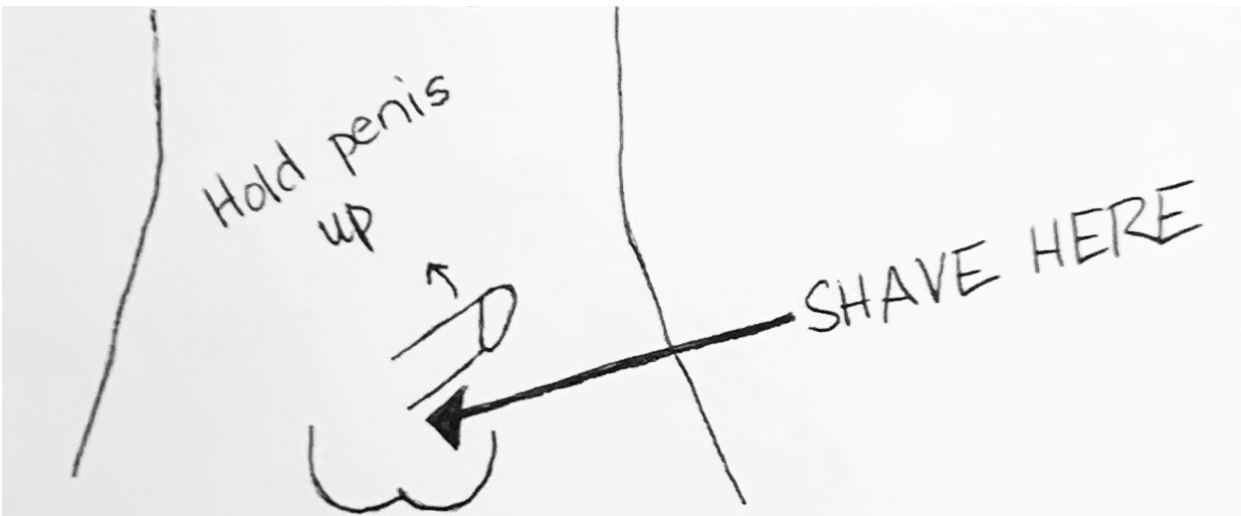


PRE-PROCEDURE Instructions (PRIOR to vasectomy)

1. Please read all of the information on the Consent form. Please **bring** the consent form to your appointment.
2. Obtain a soft athletic/scrotal support to wear after the procedure. You may use very fitted briefs—something that will apply slight pressure and support. Please bring this with you to your appointment.
3. Refrain from aspirin, aspirin products, or blood thinners for 1 week prior to procedure. Tylenol (acetaminophen) is fine to take if you need.
4. The night before and the day of the procedure, please use soap and water to scrub the scrotum for five minutes.
5. At home, immediately before the procedure, shave the area shown below. It is best to use a hot shower and shaving cream. After shaving, clean with soap and water again.



6. About thirty minutes prior to the procedure time, take the Valium (diazepam) tablet if prescribed. If you take this, you **MUST** have someone else drive you to and from the procedure.
7. **Don't forget to bring the consent form and the scrotal support to your appointment.**